Super Savings Super Wins! That's Was SHOW That's why we SHOP at PAR (A



Orange Grove Long Life Full Cream or Low Fat Milk 6 x 1 litre















Albany 700 g Save R8







Superior

Sunlight Auto Washing Powder 2 kg or Auto Liquid 1.5 Litre

Save R15

Specials available at SPAR and SUPERSPAR town stores in KwaZulu-Natal from 8 September up to and including 22 September 2025, while stocks last. We reserve the right to limit quantities. TV products available nationally. Prices include VAT. E & OE.





SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Maximum 10 SPAR Rewards deals per product, per customer on all SAVE EXTRA products. While stocks last. Ts & Cs apply.





Butcher's Best





Farmer Brown Chicken Drumsticks and Thighs





SPAR Select Beef Cubes

Fresh Value Specials











Stir Fry











Freshline







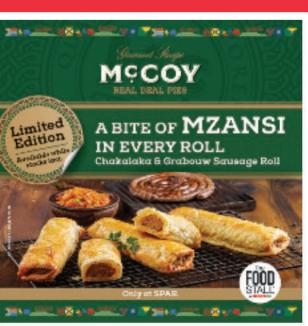












SHOPONLINE AND GET IT DELIVERED









SPAR Rewards deals available while stocks last.

Load up on these Super deals!















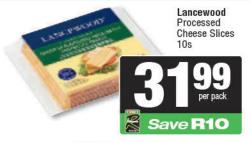






Fridge & Freezer Essentials



















Save R8

















SHOPONLINE AND GET IT







Wishing our Hindu cutomers a healthy and blessed Purtassi







































Golden Crumbed Schnitzels 320 g Burgers 30 g or Traditional

Sausages 500 g





SPAR

500 g

Simply Veg Potato Hash Browns



Simply Veg Burger

Switch to SPAR Mobile now and get FREE DATA in-store on these great deals. Ts & Cs apply. Visit www.sparmobile.co.za for more information.



SPAR Rewards deals available while stocks last.















Garbie Baby Loo Nappy Bin Liner Refill 20s















Diapers

Value Pack 40s - 60s

Super Savings to put a smile on your face











































YOU CAN DO IT ALL, RIGHT HERE, AT SPAR (











Experience a world of easy top-up options. Now available in-store only at



SPAR Rewards deals available while stocks last.

Be a Super shopper!





































Household Essentials















and WIN your share of R6 million in instant cash!

Competition valid from 23 Jun - 7 Oct 2025



500 sheets

Exclusive to SPAR Rewards customers.

Step 1:

Buy any 3 participating products and swipe your SPAR Rewards card.

HOW TO ENTER

Take your winning slip and till slip to the in-store klosk to redeem your R1 000 INSTANT cash.

Ts & Cs apply.

SHOPONLINE AND GET IT DELIVERED 2







Fridge & Freezer Essentials



Parmalat / President Cheese 800 g / 850 g Assorted



Ice Cream 2 litre Assorted



Dr. Oetker Ital Pizza Minis 8 pack Assorted





SPAR Breakfast Fry Bacon Round Chicken Or Pork Rashers 500 g



SPAR

Hake

400 g

Fish Fingers

SPAR Frozen Chicken Mixed Portions 4 kg





FROZEN















Beefers

Burgers

More Savings



Cake Wheat Flour 2.5 kg SPAR Super Maize Meal 2.5 kg SPAR Brown Sugar 2 kg SPAR Sunflower Oil 750 ml

Save R31











SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Maximum 10 SPAR Rewards deals per product, per customer on all SAVE EXTRA products. While stocks last. Ts & Cs apply.

SPAR Town stores: Andrews, Chelsea, Escourt, Glencoe, Hillary, Mayors Walk, Main, Mandini, Meerensee, St Mtunzini, Newlands, North Beach, Nottingham Road, Park Rynie, Park Square, Pick & Save, Ramsgate, Renckens, Riverside, Sarnia, Ushaka and Uvongo.

SUPERSPAR Town stores: Avonmore, Bluff, Charlies, Chatsworth, De Franca's, Dunbars, Eastmans, Five Ways, Glenwood, Greendale, Harbourview, Hibberdene, Hilton Quarry, Kensington Square, Knowles, Lakeside, Lifestyle, Matatiele, Merrivale, Mills, Moodley's Craigieburn, Newcastle Corner, Parklane, Pollyshortts, Richdens, Rolyats, Salta, Scottburgh, Shelly Beach, Southgate, Stanger, Starwood, Tiffanys, Town Square, Umhlanga, Umkomaas, Underberg, Village Mall, Village Market, Waterfall, Westville and Yellowwood Park.

Specials available at SPAR and SUPERSPAR town stores in KwaZulu-Natal from 8 September up to and including 22 September 2025, while stocks last. We reserve the right to limit quantities. TV products available nationally. Prices include VAT. E & OE

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Let's chat 🕓 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more For more info: www.spar.co.za or Find us on f /myspa











































Genuine Draft 6 x 330ml

